

## **It's time to Party for PCOS Research!**

It's time to put Polycystic Ovarian Syndrome to bed! The PCEA (Polycystic Empowerment Association) is throwing a bash to raise money for PCOS research at the Georgia Aquarium at 7:00PM on July 21<sup>st</sup>, 2007, and we need your support!

What is PCOS? It's a syndrome: a collection of symptoms usually, but not always, accompanied by many tiny cysts in the ovaries. If you have two or more of these symptoms, you should speak to your doctor:

- weight problems and difficulty losing weight,
- skin tags,
- absent, irregular, or long heavy periods,
- excess face or body hair,
- hair loss,
- acne,
- fatigue,
- dark skin patches,
- infertility.

What can you do if you think you have PCOS? Talk to your doctor. Much of current PCOS treatment involves dealing with the symptoms. If you have symptoms of insulin resistance, diabetes, or thyroid problems, there are medications to help you. Treatments for insulin resistance often help with fertility and obesity. Unfortunately, there is no cure.

What can you do to help women with PCOS? Join the PCEA, at the Georgia Aquarium at 7:00PM on July 21<sup>st</sup>, 2007 to raise money for PCOS research so we can turn the tide and put an end to PCOS. Tickets prices are just 200 dollars and include parking, admission to the Aquarium, and dinner by Wolfgang Puck Catering.

Think this doesn't concern you? Recent research has shown that PCOS may be more than just a woman's problem. It may be more than just a disorder causing cysts, and it may be a metabolic disorder we can pass on to our children; the boys and the girls!

The Polycystic Empowerment Association needs you to help join us in the fight against PCOS. Tickets to the PCEA Party for PCOS can be purchased by calling Lena at 404-555-5555.

For more information about the party, please visit to <http://www.pceaforpcos.org/> or contact us at [pcea@pceaforpcos.org](mailto:pcea@pceaforpcos.org).